

I'm not a robot





































There are some things in life that are more difficult than youd think they would be. And one of those things is keeping a clean home! Between kids, pets, and the dirt and dust of daily life, keeping your home clean may seem like an impossible task. Luckily, theres an easy way to keep your home neat and tidy without cleaning all day long. Heres how to Keep Your Home Clean with a Printable Cleaning Schedule!Disclosure: This post may contain affiliate links to Amazon and/or Etsy, which means that I may earn a small commission from some of the links in this post. Please see our Disclosure Page for more information.I started thinking about cleaning schedules because spring cleaning has been on my mind. I was saying to myself, if we all kept up on small and big cleaning tasks consistently throughout the year, spring cleaning would be a breeze! Think about it, if you cleaned your oven every month or so, when spring cleaning came around, it wouldnt be some major chore. The oven would only be 30 days dirty, versus 365 days dirty! So I made this printable cleaning checklist. Hopefully if I spend the rest of this year sticking to this schedule, spring cleaning next year wont be anything to worry about! Rome wasnt built in a day, and a home cant be 100% cleaned in one day either. If youre going to keep your home clean in a manageable way, you need to break cleaning tasks up. There are a lot of different ways to do this, but one that I particularly like is a daily, weekly, and monthly system. That means there are some simple tasks you do every day, some bigger tasks that you do every week, and even bigger cleaning tasks that you do every month. This way your home is always decently clean, but youre not overwhelmed with cleaning tasks.Here are the cleaning tasks I picked for my printable cleaning schedule! I broke each section up by room to make it easier to navigate the schedule.Daily Cleaning ScheduleI believe a daily cleaning schedule should include enough tasks to keep your home appropriately sanitary and looking neat, but not so many tasks that youre spending hours every day. These tasks alone wont keep your home clean in the long run, but they can keep it from looking like a tornado hit! Obviously if you notice something looking really dirty, dont wait until you decide to tackle your weekly/monthly tasks. For example, some people are able to get by just fine with weekly vacuuming, but others (especially those with pets or kids) find themselves vacuuming at least once a day!BedroomsStraighten upMake the bedsBathroomsClean the mirrorsClean the toilet seat + bowlWipe down the tubs/showers (you can do this really quickly while youre bathing, to save time)Wipe down the counters + sinkKitchenWash dishes/load dishwasherDisinfect countertopsWipe down the sinkSweep the floorEmpty the trashDining RoomWipe down the dining tableFamily/Living RoomStraighten upWipe down tablesHome Office Laundry Area Weekly Cleaning ScheduleI like to tackle my weekly cleaning schedule tasks all on the same day. I pick the day of the week I know Ill have the most time for. But you can split the tasks up as you have time. If you keep your printable cleaning schedule tacked on the fridge or filed in your home management binder, youll be able to easily check it as you have time. Just dont procrastinate and wind up spending the whole weekend on tasks you could have finished earlier in the week!BedroomsClean/change the sheetsVacuumDustBathroomsWash the floor + vacuum rugsDeep clean the toiletsDisinfect the doorknobs, cabinet handles, and faucetsClean the sinksScrub the tubs/showersEmpty the trashDustKitchenCheck for expired foodWipe down the fridge shelvesWipe down the appliances and cabinetsWash the floor + vacuum rugsDining Room Family/Living Room Home OfficeVacuumDustFile papersWipe down keyboard + mouseWipe down computer monitors screenLaundry Area Monthly Cleaning ScheduleLastly, the monthly part of my cleaning schedule includes the big tasks. Maybe not spring cleaning big, but still big enough. These are the kinds of tasks that you may not remember until youre looking out the window one day thinking Wow, when was the last time I cleaned the blinds? The whole point of this cleaning schedule is to not let things get to the point that youre having those kinds of thoughts!BedroomsWash windowsClean blinds/curtainsClean ceiling fansBathroomsWash windowsClean blinds/curtainsWash the showerheadKitchenWash windowsClean blinds/curtainsClean ceiling fansDeep clean appliancesDining RoomWash windowsClean blinds/curtainsClean ceiling fansFamily/Living RoomWash windowsClean blinds/curtainsClean ceiling fansWipe down electronicsVacuum the couch and chairsHome OfficeWash windowsClean blinds/curtainsClean ceiling fansLaundry Area And there you have it! Listed all out like this, it sounds like too much, but do it in the frequencies specified and youll have a clean home without the overwhelm! To most effectively use this cleaning schedule in printable form, I suggest doing one of two things: #1- Use pencil. That way you can erase the daily/weekly sections as the weeks pass and use the same sheet the whole month. Or #2. Put the printable cleaning schedule in a frame with glass (like I did with my DIY menu planning board). Then use a dry erase marker to mark off the tasks by writing on the glass. When you need to erase the marks, just use a rag or paper towel to wipe the marks off. Youll never need to re-print the schedule with this method!Download Your Printable Cleaning Schedule HereHowever you choose to use your printable cleaning schedule, its sure to be very handy and help you keep your home clean! Have you ever used a cleaning schedule before?You might also be interested in: 11 Cleaning Schedules to Get Your House Clean Cleaning Schedules! The Best Free Printable House Cleaning Schedule Checklists, Charts and Templates You Can Print Or Copy To Keep Your Home Clean and Clutter-Free These daily, weekly and monthly house cleaning schedules and checklists are sure to help you get your messy house under control AND make your daily, weekly and monthly cleaning SO much easier. If you need a cleaning schedule for home to help you keep your house clean, youre gonna love these household cleaning chores checklists! Welcome to Decluttering Your Life - we hope you enjoy our quick decluttering tips, organization ideas and simple DIY solutions for your home - posts may contain ads & affiliate links - that's how we keep the lights on =) Cleaning SchedulesDaily, weekly, monthly chores oh my!There has got to be a way to simplify mom life, right?Good news there is!A simple cleaning schedule or checklist can really help make YOUR life easier and well more simple.Printable PDFIf you want the best house cleaning checklists, schedules and printable planners get this printable house cleaning checklist PDF pack (its really amazing -probably the BEST printable cleaning checklist pdf pack Ive found).Plus, you can use my personal discount code: MOMHACKS to get 25% off(that code works for ALL the printables, too)!Cleaning Checklist ExamplesIf you really want to keep your house clean consistently, take a look at these super simple cleaning checklist template examples below.Below there are at least 27 realistic house cleaning schedules, checklists, charts and more. If you need a SIMPLE weekly cleaning schedule or daily cleaning chart, youll find some great examples below that you can copy and edit for your housekeeping chores or print to use as is. There's no doubt about it, to-do lists and checklists WORK when we use them consistently (I we find these household cleaning schedules below VERY helpful to keep us consistently on-track without feeling overwhelmed by chores piling up. Heres an example cleaning schedule of what to clean on each day. The schedulesHeres how to make your own cleaning schedule template that you can edit and print or just design it on paper if you prefer. In the quick tutorial video below, she is making a weekly house cleaning template that she turns into a pdf and prints. Get Our Free PrintablesDaily ChecklistThis daily house cleaning checklist below is a really great list of daily house cleaning chores to do to keep your house clean and clutter-free WITHOUT feeling overwhelmed! Super helpful to have a daily housekeeping routine that works!Weekly!The free weekly cleaning schedule below is my favorite its REALISTIC and NOT overwhelming yet helps me keep my house clean.I needed a cleaning schedule checklist that detailed out what day to clean bathrooms, cleaning day for my kitchen and living room, bedrooms, etc as well as daily cleaning tasks! I should do every day that keeps my house clean without losing my mind and this is it.MonthlyThis monthly cleaning schedule example is super helpful for a list of what to clean and declutter every month of the year. I used its really helpful to remember which house cleaning chores to do monthly but I, personally, dont think its a true DEEP cleaning checklist like this.How Often To Clean EverythingHeres a really useful home maintenance cleaning checklist that shows how often to clean everything in your home. VERY detailed! Is Your House ALWAYS Messy?Read: Why YOU Are a Cluttered MessDailyThis is a really solid daily house cleaning schedule that will help you keep your house clean, clutter-free AND keep you from getting OVERWHELMED.What I really like about this daily cleaning checklist is that youre only doing one load of laundry 4 days of the week (Monday/Thursday). I can do ONE load of laundry 4 days of the week, cant you? Plus, this weekly schedule is set so you are NOT cleaning on Sundays.Naturally, you can change it up to fit YOUR schedule, but as is, its pretty good!content=egg module=Amazon template=grid limit=3What To Clean DailyHeres what to clean each day of the week:MondayFocus room: Bedrooms\_change sheets \_dust\_ quick vacuum There's no better feeling than stepping into a spotless, clean home. But with a full work schedule and busy weekends, it can be difficult to maintain a cleaning routine that keeps your space feeling tidy. Enter our comprehensive home cleaning schedule. By breaking down housework into manageable tasks sorted by day, week, month, season, and year, you can keep your items looking new, she adds.Scrub groutWipe insides of medicine cabinetsWipe tub and shower surroundsLaundry pillow protectors, mattress pads, and shamsDust shelves and storage binsVacuum floors and baseboardsDiscard food in the freezer that's past its primeWash ventilation hood filtersVacuum fireplace screenWipe insides and outsides of trash and recycling binsBuff waxed stone, masonry, concrete, and wood floorsDust portable and ceiling fansFlush drains with vinegar, boiling water, and baking sodaVacuum window treatments, moldings, and windowsillsWipe interior and exterior doors and trimWipe switch platesWipe telephones Credit: Matthew Williams Making a seasonal cleaning checklist is critical for keeping your home in tip-top shape. "This is where you think 'floor to ceiling, and everything in between,'" says Gagliardi. "Semi-annual or seasonal cleaning is going to put the focus on your major appliances, help you to catch any potential issues, and prolong their life."Laundry pillowsTurn mattressesVacuum mattresses, box springs, and bed framesClean hanging pot rack and polish copper cookwareDeep clean ovenOrganize and wipe down pantryRemove contents of kitchen cabinets and wipe cleanDiscard expired food itemsWipe kitchen ceilingWipe the inside of the refrigeratorRotate stacked books to prevent warpingClean leather furnitureSweep out fireplaceClean baseboards and moldingsWash filter on washing machineSwap out seasonal clothes and store what is no longer neededDonate old clothesClean out makeup drawer and throw away expired itemsClean shower heads and faucet filtersVacuum and mop floors Credit: onurdongel / Getty Images Some areas of your home are a major undertaking to cleanand you likely wont have time to tend to them to often after work or in between weekend errands. However, these chores shouldnt be neglected entirely, since failing to clean things like your gutters or air vents can create bigger issues down the road. "Every surface eventually needs a good cleaning," says Gagliardi. "But for hard-to-clean spaces that take a lot of time to deal with, it's reasonable to wait and [handle] them just once a year."Remove contents of kitchen cabinets and clean interiorsRemove contents of food pantry and clean interiorsThrow away expired food itemsDeep clean ovenDeep clean refrigerator and freezerClean the water tray and filter on the refrigeratorClean out garage; donate items you no longer useClean guttersDust air vents; have a professional inspect air ductsClean behind large appliancesHave upholstery and window treatments professionally cleanedVacuum and mop floors Cleaning your home doesnt have to be a daunting, time-consuming chore. Follow these step-by-step instructions for creating a customized house cleaning schedule. Managing household duties quickly and efficiently with an easy-to-follow routine that includes all the most critical tasks is the best way to stay ahead of dirt and messes.Aby Garvey is the organizing and productivity expert at Simplify 101. Credit: Jason Donnelly What is the simplest way to keep your home reliably clean? Stick to a cleaning schedule. Its not as daunting as it sounds. On the contrary, its quite the opposite when set up correctly. A whole-home cleaning schedule makes you feel less stressed because you know that neat and tidy isnt ever too far out of reach, says Aby Garvey, organizing and productivity expert at Simplify 101. If you notice dust bookcases on Tuesday, for example, and you know that Wednesday is your cleaning day, its a lot less unsettling than if you have no idea when youll get around to cleaning again. The trick lies in creating a realistic cleaning schedule that works for you and your home. Depending on the time you have available, that could mean a daily, weekly, or monthly cleaning schedule. Read on for simple step-by-step tips to set up your stress-free cleaning schedule. Credit: Brie Williams First, youll need to set up a cleaning routine that notes precisely what must happen to have a nice, clean home. Grab a writing instrument and a clipboard. Walk through your space, room by room, taking a realistic inventory of the areas and tasks that will make up your deep-cleaning house schedule. Credit: David A. Land Visit each room on your cleaning schedule one by one and look around. List all the cleaning tasks you need to perform regularly. Order items from top to bottom (ceiling to floors) in the same order youll use to clean. Credit: Brie Williams As you start to finalize your list, build on this basic cleaning checklist: All Rooms Kitchen Bathrooms Credit: Nathan Schroder; Interior Design: Mary Kate Carl Having the cleaning supplies and tools you need on hand will help your house cleaning schedule go faster. And you may have some of the necessities already in your house. Watch and see how to clean with items you own! Credit: Jay Wilde Decide how often you want to clean each room. Most spaces probably need weekly or biweekly cleaning, but consider your lifestyle when determining the frequency of your whole-home cleaning schedule. For example, if your family is away from home most weekdays, you might not need to clean as often as someone who stays home with small children. You might also find that public spaces, such as the kitchen and guest bathroom, need cleaning more often than private spaces, such as bedrooms. Credit: Jonny Valiant Now that youve identified both cleaning tasks and frequency, its time to decide how to clean your home. Try one of the following three options:One (or Two) and Done: Clean everything in one day. Alternatively, if one very long block of cleaning feels like too much, split your list in half and tackle it over two days.Timed Sessions: Decide which days youll clean and for how long, such as 30 minutes. Set a timer, and start at the top of your list. Clean until the timer dings. On your next scheduled cleaning day, pick up where you left off. Repeat.A Room (or Two) a Day: Decide how many days youll clean. Then, assign specific areas to specific days. For example, Monday: clean the kitchen, entry, and laundry room. Tuesday: clean the living room and dining room. Wednesday: clean the bathrooms. Thursday: clean the hallway and bedrooms. Credit: Lisa Romerein Schedule and start your first months cleaning. Consider the monthly cleaning schedule a trial run. To avoid overwhelming yourself, limit time spent in each room and plan to pick up where you left off next time. Like anything, it takes practice before a new home cleaning schedule will function smoothly. Credit: Cameron Sadeghpour Especially during your practice month, use Garveys expert cleaning schedule tips to help set you up for success:Print out your task list. Put it in a plastic sheet protector and stick it in your cleaning bucket so you always know exactly which tasks to tackle.Schedule cleaning appointments. Mark them on your calendar until they become an automatic routine.Cut yourself slack. If you find you cant finish your cleaning tasks on a scheduled day, dont stress. Either complete an abbreviated, prioritized cleaning session or reschedule for a different day. Credit: Werner Straube After your practice month is over, analyze how things went. Identify what worked and what didnt. If your cleaning schedule didnt quite work out the first time, make this your mantra: I did not fail the schedule; the schedule failed me. Replace the tactics that didnt work with new ones for the following month. Continue reevaluating monthly until you hit upon a cleaning schedule you can keep. Credit: Jay Wilde Enhance your whole-home cleaning schedule with these best cleaning habits. Frequently Asked QuestionsMost people spend an average of 6 hours per week cleaning. However, this varies based on the size of the home and the amount of people living inside the home.A shower should be cleaned once per week. However, you might want to clean it more often depending on how many people are using the shower and how frequently they are using it.You should clean the toilet weekly. If it's not cleaned enough, then the minerals in the toilet water could end up staining the bowl and track bacteria, making it unhygienic.Areas with high traffic should be mopped once per week. This includes hallways, entryways, kitchens, and bathrooms. Areas that aren't used as frequently can be mopped every other week, or even once per month.Yes, too much wood polish can damage wood finishing and washing bed sheets too often can wear out the fabric and fade the color. This is why it's so important to stick to a regular cleaning schedule. This free printable house cleaning schedule will help you plan out your daily, weekly, monthly, quarterly, and yearly cleaning routine and stick to it long-term! Complete the tasks, check off the items on your cleaning checklist, and your house will be looking neat and tidy in no time! If youve ever Googled cleaning schedule, the results that came up may have felt a bit overwhelming. Daily task lists with 10+ bullet points. Tons of deep cleaning every week. And hundreds of tasks to stay on top of throughout the year. Um, no thanks? Instead, we created a free printable house cleaning schedule checklist that you can adapt to fit your home, routines, and preferences. And if youre not quite sure what to put on your list, dont worry! Well help you with that in this post too. Creating a house cleaning schedule helps us form those all-important habits. The thought of cleaning our entire house may feel like a huge chore, but once we break it down into manageable pieces and make it a habit, it feels less like work. The key is to be consistent with our cleaning tasks over time so we can build those solid routines. And you know what can help create that consistency? A cleaning checklist! Checking off items on a list can help give accountability, motivation, and a little burst of satisfaction when were completed the job. So lets jump in and start creating our perfect cleaning schedule. First things first: download our free printable house cleaning schedule (which comes in two cute color schemes!) by clicking on the button below. Click here to download our free printable house cleaning schedule! Now lets work together to fill out the cleaning checklist and create the perfect schedule for your household. It would be really easy for us to just say, Heres your printable! Have at it! And if you already know what cleaning tasks youd like to put in each category, go ahead and fill it in! But if youre not quite sure which tasks should happen when, we can certainly help with that! The perfect cleaning schedule for your household will depend on your priorities, preferences, time you have available, and stage of life. Below, we have ideas for cleaning tasks that can be completed daily, weekly, monthly, quarterly, and yearly. You can choose the ones that are the best fit for you and add them to your personal cleaning schedule. There are some tasks that can be helpful to complete each day in order to keep our homes running smoothly. These can certainly vary a bit from household to household, but here are a few ideas of items you could list in the daily section of your cleaning checklist: make the bedwash dishesstraighten upcomplete a load of laundrywipe down countertessweep/vacuum if neededmanage mail/other paper clutterempty kitchen trash Whether we complete one of these items per day or knock it all out at the same time once per week, here are some ideas we could add to the weekly section of our free printable cleaning checklist: dust surfacesclean the bathroomsvacuum/sweep/mop wash sheets and towelsthrow out expired foodempty trash cans throughout the houseclean the microwavereset the house, putting everything back in its spot Staying on top of these tasks each month can keep our house looking and feeling clean and thats the best feeling! Here are some items to consider adding to the monthly section of your cleaning checklist: clean the baseboardsclean the inside of the windows + window sillswipe down cabinets and drawer frontsdust/blinds/clean light fixtures and ceiling fanswipe down light switches and door knobsClean and disinfect trash can These types of cleaning projects are easy to overlook but if theyre left undone for a long period of time, they could cause our items to wear out prematurely. Consider adding a few of these items to the quarterly section of your house cleaning schedule: deep clean appliancespolish wood furniturelaunder pillows and comforters/duvetsvacuum mattressesdeep clean/laundry rugswash the shower curtain linerClean the shower head vacuum under/behind large pieces of furnituredeep clean the car And finally, some tasks only need to happen once per year! Adding these items to our cleaning checklist will remind us to stay on top of them, even if they only happen infrequently: deep clean carpetswash curtainswipe down wallsclean out guttersclean inside windowsclean patio/deck surfaces and furniturepower wash the house exteriordeclutter cabinets, drawers, and closets Related: Free Printable Decluttering Checklist Once we have all of the categories filled out on our cleaning schedule, we like to laminate it and use a wet erase marker to check off the boxes. This allows us to use the same sheet week after week, month after month, and year after year, rather than having to constantly reprint and update our cleaning checklist. We also recommend hanging the cleaning checklist somewhere that you pass often so it will act as a reminder to complete the listed tasks. While cleaning tasks are necessary to keep our homes healthy and tidy, they dont have to be daunting and unpleasant! When we break down the cleaning into small, manageable pieces it can be worked into the margins of our day so it doesnt end up taking an overwhelming amount of time. I hope that this cleaning checklist and the ideas in this post have helped you to prioritize your cleaning tasks and create a realistic schedule that will work for you and your entire household. And as a final reminder lets give ourselves some grace! If a monthly task only ends up happening quarterly or a quarterly task only happens once per year, we can celebrate the victory of getting it done rather than feeling discouraged that it didnt happen as often as we had planned. Life can be a lot to juggle, and yours doing great! If youd like to save this post to revisit later, be sure to pin the image below so you can find it easily! Happy Organizing!It can feel impossible to keep your home tidy. Especially if you have kids. But Ive got good news: one of the best strategies to keep your home clean with minimal effort is to use a realistic weekly cleaning schedule. Because instead of feeling like you have to clean ALL THE THINGS every day, using a weekly cleaning schedule allows you to break up household chores across the whole week. And so Ive created an awesome weekly cleaning schedule printable template that you can grab for free at the bottom of this post. It includes a realistic and simple cleaning schedule that you can actually stick to. Plus a blank template you can customize to create the perfect weekly cleaning routine for you. In this post well go over everything you need to use your free printable cleaning schedule template. This includes: The daily & weekly tasks in your new weekly cleaning schedule & checklist How to make your own weekly cleaning schedule that works best for you Tips to make it easy to stick to your schedule & keep your home clean So if youre ready for a cleaner home in less time, keep reading. (If your home feel like a complete disaster and you want a bit of a fresh slate before starting with the free weekly cleaning schedule, then check out How to Clean Your House When Its a Disgusting Mess with the free House Cleaning Checklist.) Because you spread out household chores over the whole week, you can usually keep your home cleaner with the same amount of time and effort. Or even less. Because its all about spending your time where it counts the most both in the tasks you do daily and the ones you do weekly. 10 Simple Habits to Keep Your Home Clean & Organized This free printable weekly cleaning schedule & checklist download includes 2 different printables: A realistic done-for-you weekly cleaning schedule with daily and weekly tasks A blank cleaning schedule template you can customize for your needs Both also act as a weekly cleaning checklist since you can check off each task as you complete them. At the top of the weekly cleaning schedule, youll see the recommended daily tasks that youll want to complete on a daily basis. This daily cleaning schedule includes: Make Bed I highly recommend making your bed every day. This starts your day with a quick win & helps your room look and feel nice. Unload & Load Dishwasher Making sure the dishwasher is unloaded allows you to load it later in the day. While you may not get to the whole kitchen, running your dishwasher each day keeps the kitchen and dishes in check. Wash & Fold I load of Laundry Doing just one load of laundry each day, instead of trying to cram it all into one day, will actually save you time and energy. This 15 minute laundry method is a game changerespecially if your have kids. The Simple Laundry System Thatll Change Your Life Rotating Daily Chore This is your weekly cleaning schedule task that you see under each different day. This allows you to focus on one area of your home, instead of feeling like you have to do EVERYTHING. 10 Min Evening Power Clean Lets be honest, cleaning up everything around the house can feel daunting. Instead, I recommend starting a 10 minute power clean in the evenings. This is when everyone in the household pitches in for just 10 minutes and you clean what you can. When people know theres an end, it makes it easier to put in a quick burst of energy. And even if its just you, youll be amazed at what you can get done in 10 minutes of concentrated effort. Focus on picking up floors and clearing surfaces. For some easy ways to keep a much cleaner home with minimal effort, check out 10 Simple Habits to Keep Your Home Clean & Organized. After the daily cleaning tasks, you see the specific cleaning tasks for each day of the week. These are the different tasks that need to be done on a weekly basis. This weekly cleaning routine includes: Monday: Bathrooms Youll start the week cleaning your bathrooms. If you are short on time, clean the toilet bowl, use Clorox wipes to wipe down surfaces, and vacuum the floor. Even a 5 minute clean can keep your bathroom sanitary. Tuesday: Living Areas Your focus is your living areas like the living room, TV room, or anywhere that people (and messes) tend to congregate. Wednesday: Bedrooms Ideally, everyone in your household is responsible for their own bedrooms! Thursday: Kitchen While ideally youre tidying the kitchen daily, the reality is theres a lot that we cant get to when balancing a million other things. So on this day, youll. Clear and wipe down counters Wipe down appliances Tidy fridge & toss spoiled food Tidy & organize your Pantry Clean and mop floor, if you can Friday: Floors & Dust On Friday, youll vacuum all floors and spot mop problem areas. Youll also dust anything you missed during the week. Or youll simply do what you can! Weekend: Miscellaneous tasks Like washing and changing sheets, yardwork & planning the next week. Weekends might also be when you give more chores to your school-aged kids who dont have time during the week.For example, in our home, my kids are responsible for cleaning their bathrooms, cleaning bedrooms, dusting, and other tasks on Saturday. The 5 Mistakes That Make Kids Hate Chores For more on getting kids helping around the house, check out The 5 Biggest Mistakes Youre Making When Trying to Get Kids to Do Chores. While the free printable weekly cleaning schedule is a great basic cleaning template, you may need to customize it more for you to keep a clean home. Which is why I also created the blank weekly cleaning schedule that allows you to make your own cleaning schedule. This has space to customize: Daily tasks The things you do every day Your daily cleaning focus The different focus for each day of the week. For example, bathrooms, floors, kitchen, dusting etc. The tasks for your daily focus Heres how you can customize that weekly cleaning template to work best for you: 1. Think about your schedule & cleaning needs. First, youll want to think about your weekly schedule like: What days are super busy? What days do you have more time for household cleaning tasks? Youll also want to consider your unique cleaning needs. For example, if you have a hairy dog, you might need to vacuum more frequently. Or if you have lots of bathrooms, you may split cleaning bathrooms over 2 days. 2. Decide your daily tasks Next, decide which tasks you need to do every day to keep your home in check. While the ones on the sample checklist are generally a good start, perhaps you want to add to these. 3. Sketch out your weekly cleaning schedule printables: A realistic done-for-you weekly cleaning schedule with daily and weekly tasks A blank cleaning schedule template you can customize for your needs Both also act as a weekly cleaning checklist since you can check off each task as you complete them. At the top of the weekly cleaning schedule, youll see the recommended daily tasks that youll want to complete on a daily basis. This daily cleaning schedule includes: Make Bed I highly recommend making your bed every day. This starts your day with a quick win & helps your room look and feel nice. 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Wednesday: Bedrooms Ideally, everyone in your household is responsible for their own bedrooms! Thursday: Kitchen While ideally youre tidying the kitchen daily, the reality is theres a lot that we cant get to when balancing a million other things. So on this day, youll. Clear and wipe down counters Wipe down appliances Tidy fridge & toss spoiled food Tidy & organize your Pantry Clean and mop floor, if you can Friday: Floors & Dust On Friday, youll vacuum all floors and spot mop problem areas. Youll also dust anything you missed during the week. Or youll simply do what you can! Weekend: Miscellaneous tasks Like washing and changing sheets, yardwork & planning the next week. Weekends might also be when you give more chores to your school-aged kids who dont have time during the week.For example, in our home, my kids are responsible for cleaning their bathrooms, cleaning bedrooms, dusting, and other tasks on Saturday. 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