

I'm not a robot

































There are some things in life that are more difficult than you think they would be. And one of those things is keeping a clean home! Between kids, pets, and the dirt and dust of daily life, keeping your home clean may seem like an impossible task. Luckily, there's an easy way to keep your home neat and tidy without cleaning all day long. Here's how to Keep Your Home Clean with a Printable Cleaning Schedule!

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I started thinking about cleaning schedules because spring cleaning has been on my mind. I was saying to myself, if we all kept up on small and big cleaning tasks consistently throughout the year, spring cleaning would be a breeze! Think about it, if you cleaned your oven every month or so, when spring cleaning came around, it would be some major chore. The oven would only be 30 days dirty, versus 365 days dirty! So I made this printable cleaning checklist. Hopefully if I spend the rest of this year sticking to this schedule, spring cleaning next year won't be anything to worry about! Rome wasn't built in a day, and a home can't be 100% cleaned in one day either. If you're going to keep your home clean in a manageable way, you need to break cleaning tasks up. There are a lot of different ways to do this, but one that I particularly like is a daily, weekly, and monthly system. That means there are some simple tasks you do every day, some bigger tasks that you do every week, and even bigger cleaning tasks that you do every month. This way your home is always decently clean, but you're not overwhelmed with cleaning tasks. Here are the cleaning tasks I picked for my printable cleaning schedule! I broke each section up by room to make it easier to navigate the schedule. Daily Cleaning Schedule believe a daily cleaning schedule should include enough tasks to keep your home appropriately sanitary and looking neat, but not so many tasks that you're spending hours every day. These tasks alone won't keep your home clean in the long run, but they can keep it from looking like a tornado hit! Obviously if you notice something looking really dirty, don't wait until you decide to tackle your weekly/monthly tasks. For example, some people are able to get by just fine with weekly vacuuming, but others (especially those with pets or kids) find themselves vacuuming at least once a day! Bedrooms Straighten up Make the beds Bathrooms Clean the mirrors Clean the toilet seat + bowl Wipe down the tubs/showers (you can do this really quickly while you're bathing, to save time) Wipe down the counters + sink Kitchen Wash dishes/Load dishwasher Disinfect countertops Wipe down the sink Sweep the floor Empty the trash Dining Room Wipe down the dining table Family Living Room Straighten up Wipe down tables Home Office Laundry Area Weekly Cleaning Schedule I like to tackle my weekly cleaning schedule tasks all on the same day. I pick the day of the week I know I'll have the most time. But you can split the tasks up as you have time. If you keep your printable cleaning schedule tucked on the fridge or filed in your home management binder, you'll be able to easily check it as you have time. Just don't procrastinate and wind up spending the whole weekend on tasks you could have finished earlier in the week! Bedrooms Clean/Change the sheets Vacuum Dust Bathrooms Wash the floor + vacuum rugs Deep clean the toilets Disinfect the doorknobs, cabinet handles, and faucets Clean the sinks Scrub the tubs/showers Empty the trash Dust Kitchen Check for expired food Wipe down the fridge shelves Wipe down the appliances and cabinets Wash the floor + vacuum rugs Dining Room Family Living Room Home Office Vacuum Dust File paper Wipe down keyboard + mouse Wipe down computer monitors screen Laundry Area Monthly Cleaning Schedule Lastly, the monthly part of my cleaning schedule includes the big tasks. Maybe not spring cleaning big, but still big enough. These are the kinds of tasks that you may not remember until you're looking out the window one day thinking, "Wow, is this the last time I cleaned the blinds?" The whole point of this cleaning schedule is to not let things get to the point that you're having those kinds of thoughts! Bedrooms Wash windows/Blinds/Curtains Clean fans/ceiling fans Deep clean appliances Dining Room Wash windows/Blinds/Curtains Clean fans Family Living Room Wash windows/Blinds/Curtains Clean ceiling fans Daily Cleaning Schedule I suggest having a list of two things: #1- Use pencil. That way you can erase the tasks you've already checked off. You never have to re-print the schedule with this method! Download Your Printable Cleaning Schedule Here! However, if you choose to use your printable cleaning schedule, it's sure to be very handy and help you keep your home clean! Have you ever used a cleaning schedule before? You might also be interested in 11 Cleaning Schedules to Get Your House Clean Cleaning Schedules! The Best Free Printable House Cleaning Schedule Checklists, Charts and Templates You Can Print To Keep Your Home Clean and Clutter-Free These daily, weekly and monthly house cleaning schedules and checklists are sure to help you get your messy house under control AND make your daily and monthly cleaning SO much easier. If you need a cleaning schedule for home to help you keep your house clean, you're gonna love these household cleaning chores checklists! Welcome to Decluttering Your Life - we hope you enjoy our quick decluttering tips, organization ideas and simple DIY solutions for your home - posts may contain ads & affiliate links - that's how we keep the lights on =) Cleaning Schedules Daily, weekly, monthly chores on myThere has got to be a way to simplify mom life, right? Good news there is! A simple cleaning schedule or checklist can really help make YOUR life easier and well more simple. Printable PDF If you want the best house cleaning checklists, schedules and printable planners get this printable house cleaning checklist PDF pack (it's really amazing - probably the BEST printable cleaning checklist PDF pack I've found) Plus, you can use my personal discount code: MOMHACKS to get 25% off that code works for ALL the printables, too! Cleaning Checklist Examples If you really want to keep your house clean consistently, take a look at these super simple cleaning checklist template examples below! Below there are at least 27 realistic house cleaning schedules, checklists, charts and more. If you need a SIMPLE weekly cleaning schedule or daily cleaning chart, you'll find some great examples below that you can copy and edit for your housekeeping chores or print to use as is. There's no doubt about it, to-do lists and checklists WORK when we use them consistently (I've found these household cleaning schedules below VERY helpful to keep us on track without feeling overwhelmed by chores piling up). Here's an example cleaning schedule of what to clean daily each week. Template! Here's how to make your own cleaning schedule template that you can edit and print or just design it on paper if you prefer. In the quick tutorial video below, she is making a weekly house cleaning template that she turns into a pdf and prints. Get Our Free Printables Daily Checklist! This daily house cleaning checklist below is a really great list of daily house cleaning chores to do to keep your house clean and clutter-free WITHOUT paper! Super helpful to have a daily housekeeping routine that works! Weekly The free weekly cleaning schedule below is my favorite its REALISTIC and NOT overwhelming yet helps me keep my house clean. I needed a cleaning schedule checklist that detailed out what day to clean bathrooms, cleaning day for my kitchen and living room, bedrooms, etc as well as daily cleaning tasks I should do every day to keep my house clean without losing my mind and this is it. Monthly This monthly cleaning schedule is super helpful for a list of what to clean and declutter every month of the year. I think it's really helpful to remember which house cleaning chores to do monthly but I, personally, don't think it's a true DEEP cleaning checklist that shows how often to clean everything in your home. VERY detailed! Is Your House ALWAYS Messy? Read: Why You Are a Cluttered Mess Daily This is a really solid daily house cleaning schedule that will help you keep your house clean, clutter-free AND keep you from getting OVERWHELMED. What I really like about this daily cleaning checklist is that you're only doing one load of laundry 4 days of the week (Monday Thursday). I can do ONE load of laundry 4 days of the week, can't you? Plus, this weekly schedule is set so you are NOT cleaning on Sundays. Naturally, you can change it up to fit YOUR schedule, but as is, its pretty good! content-egg module=Amazon template=grid limit=3> What To Clean Daily Heres what to clean each day of the week. Monday Focus room: Bedrooms change sheets, dust, quick vacuum. There's no better feeling than stepping into a spotless, clean home. But with a full work schedule and busy weekends, it can be difficult to maintain a cleaning routine that keeps your space feeling tidy. Enter our comprehensive home cleaning schedule. By breaking down housework into manageable tasks sorted by day, week, month, season, and year, you can put cleaning on autopilot. This means you'll never waste time wondering where to begin or caught off guard by a seasonal task that creeps up on you. While that once-a-year deep clean is a rite of passage, for a more long-tail approach, our complete checklist tells you what should be done when to do it. Just a few minutes of daily cleaning can make a huge difference when it comes to how your home looks and feels. Plus, it keeps messes at bay so they don't become bigger headaches down the road. For daily cleaning, think about things you can tidy up from the waistline down, like your floors and countertops. This is especially important in the kitchen, where food-contact surfaces that aren't cleaned every day can harbor and spread germs that cause food-borne illness, says Mary Gagliardi, in-house scientist and cleaning expert for Clorox. Just like daily cleaning, weekly home maintenance chores keep dust, dirt, pet dander, and general mess in check. "Areas to tend to weekly are still your more high-traffic areas and most commonly used rooms," says Melissa Poepking, founder of The Chemical Free Home. Some of these spots might be taken care of daily, but they should be on your weekly cleaning list, too, since they can't wait a full month for more in-depth attention. Launder bath mats, towels, and washcloths Clean toilets, bathtubs, showers, and sinks Dust surfaces, including furniture, objects, and light fixtures Empty trash bins and wipe the insides and outsides Vacuum and mop floors Change and launder sheets and pillowcases Discard magazines and catalogs; store those you want to keep Fluff pillows and comforters Launder machine-washable throw rugs and blankets Sort through inboxes: pay bills, file paid bills, and paperwork Flush the kitchen drain with boiling water Wipe counters, sink, ventilation hood, refrigerator, and cupboard doors Wipe the inside of the oven, microwave, and toaster oven Wipe hand and pet prints from windows and glass doors Credit: Laila Bird / Getty Images Monthly cleaning is your chance to tidy the sometimes neglected, but frequently used areas of your home. "Once each month, dive deeper into the out-of-sight, out-of-mind areas that, if left unattended, become laborious [to clean] or even shorten the life of some of your household items," says Poepking. Also use this time to examine upholstered furniture for stains, so you can tend to them and keep your items looking new. Scrub, scrub! Wipe insides of medicine cabinets Wipe tub and shower surrounds Launder window protectors, mattress pads, and shams Dust shelves and storage bins Vacuum floors and baseboards Discard food in the freezer that's past its prime Wash ventilation hood filters Vacuum fireplace inside and outsides of trash and recycling bins Buff waxed stone, masonry, concrete, and wood floors Dust portable and ceiling fans Flush drains with vinegar, boiling water, and baking soda Vacuum window treatments, moldings, and windowills Wipe interior and exterior doors and trim Wipe switch plates Wipe window frames Credit: Matthew Williams Making a seasonal cleaning checklist is critical for keeping your home in tip-top shape. "This is where you think 'floor to ceiling, and everything in between,'" says Gagliardi. "Semi-annual or seasonal cleaning is going to put the focus on your major appliances, help you to catch any potential issues, and prolong their life." Launder pillows Turn mattresses Vacuum mattresses, box springs, and bed frames Clean hanging pot rack and polish copper cookware Deep clean oven Organize and wipe down pantry Remove contents of kitchen cabinets and wipe clean Discard expired food items Wipe kitchen ceiling Wipe the inside of the refrigerator Rotate stacked books to prevent warping Clean leather furniture Sweep out fireplace Clean baseboards and moldings Wash filter on washing machine Swap out seasonal clothes and store what is no longer needed Donate old clothes Clean out makeup drawer and throw away expired items Clean shower heads and faucet filters Vacuum and mop floors Credit: onur dengel / Getty Images Some areas of your home are a major undertaking to clean and you likely won't have time to tend to them after work or in between weekend errands. However, these chores shouldn't be neglected entirely, since failing to clean things like your guitars or air vents can create bigger issues down the road. "Every surface eventually needs a good cleaning," says Gagliardi. "But for hard-to-clean spaces that take a lot of time to deal with, it's reasonable to wait and [handle] them just once a year." Remove contents of kitchen cabinets and clean interiors Remove contents of food pantry and clean interiors Throw away expired food items Deep clean oven Deep clean refrigerator and freezer Clean the water tray and filter on the refrigerator Clean out garage; donate items you no longer use Clean gutters Dust air vents; have a professional inspect air ducts Behind large appliances Have upholstery and window treatments professionally cleaned Vacuum and mop floors Cleaning your home doesn't have to be a daunting, time-consuming chore. Follow these step-by-step instructions for creating a customized house cleaning schedule. Managing household duties quickly and efficiently with an easy-to-follow routine that includes all the most critical tasks is the best way to stay ahead of dirt and messes. Abby Garvey is the organizing and productivity expert at Simplify 101. Credit: Jason Donnelly What is the simplest way to keep your home reliably clean? Stick to a cleaning schedule. Its not as daunting as it sounds. On the contrary, its quite the opposite when set up correctly. A whole-home cleaning schedule makes you feel less stressed because you know that neat and tidy isn't over too far out of reach, says Abby Garvey, organizing and productivity expert at Simplify 101. If you notice dusty bookcases on Tuesday, for example, and you know that Wednesday is your cleaning day, its a lot less unsettling than if you have no idea when you'll get around to cleaning again. The trick lies in creating a realistic cleaning schedule that works for you and your home. Depending on the time you have available, that could mean a daily, weekly, or monthly cleaning schedule. Read on for simple step-by-step tips to set you up for stress-free cleaning success. Credit: Brian Williams First, you'll need to set up a cleaning routine that notes precisely what must happen to have a nice, clean home. Grab a writing instrument and a clipboard. Walk through your space, room by room, taking a realistic inventory of the areas and tasks that will make up your deep-cleaning house schedule. Credit: David A. Land Visit each room on your cleaning schedule one by one and look around. List all the cleaning tasks you need on hand will help you keep your house cleaning schedule go faster. And you may have some of the necessities already in your house. As you start to finalize your list, build on the basic cleaning checklist. All Rooms Kitchen Bathrooms Credit: Nathan Schoder, Interior Design: Mary Kate Carl Having the cleaning supplies and tools you need on hand will help you keep your house cleaning schedule go faster. And you may have some of the necessities already in your house. Watch and see how to clean with items you own. Credit: Jay Wilde Decide how often you want to clean each room. Most spaces probably need weekly or biweekly cleaning, but consider how often you use the room. For example, if your family is away from home for most weekends, you might not need to clean as frequently. Set aside time to clean the guest bath and guest bedroom. You can also find that public spaces, such as the kitchen and guest bath, need cleaning more often than private spaces, such as the bathroom. Credit: Jennifer Valente Note that you've identified both cleaning tasks and frequency, its time to decide how often to clean. The following are three options. One (or Two) and Done Clean everything in one day. Alternatively, if its one very long block of cleaning feels like too much, split your list in half and tackle it over two days. Timed Sessions Decide which days you'll clean and for how long, such as 30 minutes. Set a timer, and start at the top of your list. Clean until the timer dings. On your next scheduled cleaning day, pick up where you left off. Repeat. A Room (or Two) a Day Decide how many days you'll clean. Then, assign specific areas to specific days. For example, Monday: clean the kitchen, entry, and laundry room. Tuesday: clean the living room and dining room. Wednesday: clean the bathrooms. Thursday: clean the hallway and bedrooms. Credit: Lisa Rasmussen Schedule and start your first month's cleaning. Consider the monthly cleaning schedule a trial run. To avoid overwhelming yourself, limit time spent in each room and plan to pick up where you left off next time. Like anything, it takes practice before a new house-cleaning schedule will function smoothly. Credit: Cameron Sadeghpour Especially during your practice month, use Garveys expert cleaning schedule tips to help set you up for success! Print out your task list. Put it in a plastic sheet protector and stick it in your cleaning bucket so you always know exactly which tasks to tackle. Schedule cleaning appointments. Mark them on your calendar until they become an automatic routine. Cut yourself slack. If you find you cant finish your cleaning tasks on a scheduled day, dont stress. Either complete an abbreviated, prioritized cleaning session or reschedule for a different day. Credit: Werner Straube After your practice month is over, analyze how things went. Identify what worked and what didnt. If your cleaning schedule didnt quite work out the first time, make this your mantra: I did not fail the schedule; the schedule failed me. Replace the tactics that didnt work with new ones for the following month. Continue reevaluating monthly until you hit upon a cleaning schedule you can keep. Credit: Jay Wilde Enhance your whole-home cleaning schedule with these best cleaning habits. Frequently Asked Questions Most people spend an average of 6 hours per week cleaning. However, this varies based on the size of the home and the amount of people living inside the home. A shower should be cleaned once per week. However, you might want to clean it more often depending on how many people are using the shower and how frequently they are using it. You should clean the toilet weekly. If it's not cleaned enough, the minerals in the toilet water could end up staining the bowl and trap bacteria, making it unhygienic. Areas with high traffic should be mopped once per week. This includes hallways, entryways, kitchens, and bathrooms. Areas that arent used frequently can be mopped every other week, or even once per month. Yes, too much wood polish can damage wood finishing and washing bed sheets too often can wear on the fabric and fade the color. This is why its important to stick to a regular cleaning schedule. This free printable house cleaning schedule will help you clean up your daily, weekly, monthly, quarterly, and yearly cleaning routine and stick to it long-term! Complete the tasks, check off the items on your cleaning checklist, and your house will be looking neat and tidy in no time. If you've ever Googled cleaning schedule, the results that came up may have felt a bit overwhelming. Daily tasks lists will help you clean up your daily, weekly, monthly, quarterly, and yearly cleaning routine and stick to it long-term! Complete the tasks, check off the items on your cleaning checklist, and your house will be looking neat and tidy in no time. If you've ever Googled cleaning schedule, the results that came up may have felt a bit overwhelming. Daily tasks lists will help you clean up your daily, weekly, monthly, quarterly, and yearly cleaning routine and stick to it long-term! Complete the tasks, check off the items on your cleaning checklist, and your house will be looking neat and tidy in no time. If you've ever Googled cleaning schedule, the results that came up may have felt a bit overwhelming. 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