

I'm not a bot



Step up to medicine

The text appears to be a list of sorting options for a catalog or inventory system. The options include sorting by relevance, price (low to high or high to low), alphabetical order (A-Z or Z-A), date added (most recent first or last), and popularity. Below the list is information about a medical textbook titled "Step-Up to Medicine". The book is described as a review tool for medical students, written by third-year medical students who were dissatisfied with existing review materials. The book is available in its third edition, which includes new features such as an all-new color interior and self-assessment questions. The text also contains reviews of the textbook from various readers, praising its lucidity, organization, and ability to help students pass exams. One reviewer notes that the book may be a bit outdated in some areas, but overall, it is highly recommended for medical students. This review book is quite comprehensive, providing enough detail without overwhelming the reader. However, some topics are glossed over, and additional summary pages in the appendix would be helpful. The structure is generally well-organized, except for the "Ambulatory Medicine" chapter, which feels like a catch-all for remaining material. The author appreciates the book's approach to covering diseases by their general characteristics, clinical features, diagnosis, and management. They also value the scattered notes throughout the book labeled as "quick hits," which serve as useful reminders. Some users find this review book helpful during medical school or even after graduation as a basis for further learning. Others appreciate its concise explanations but note that it's not ideal for those interested in disease pathophysiology, as it focuses on memorization rather than in-depth understanding. A few users mention minor mistakes scattered throughout the text. Despite these limitations, they generally recommend this review book to medical students looking for a reliable resource. I'm a medical student, and many seniors already have over 10 years of experience before me. Dealing with pediatric cases can be particularly challenging, like appendicostomy procedures, where I must learn from them instead of teaching them to me. My goal is still to care enough about patients' questions and try to figure out answers, even if people eventually lose interest in minor queries. One memorable moment was when a primary care physician recognized me from my previous job, despite my erratic behavior due to dissociation during night shifts. It boosted my confidence in speaking with patients. Although I've gained some experience over the past year, it's essential to remember that these skills shouldn't be underestimated. A Reddit thread on Best of Reddit sparked an idea - if a provider is part of the cause of a patient's condition, they might say something crucial. This review stresses how much my words can impact patients and makes me stress about doing my best. This book is like getting five stars just before exams, but only three stars for the whole year when you're studying. It's really helpful for medical school rotations in internal medicine and surgery, and some parts are also good for family medicine and pediatrics. A lot of people find it useful because key information is presented in a clear way. It's a great resource to fill in gaps on exams like Master The Boards. • To excel in exams and confidence in clinical settings, this review package includes a 100-question practice exam to reinforce readiness and boost confidence. New additions include over 50 NBME-style questions with answers and explanations. • Enhanced images and updated content clarify complex concepts and summarize treatment protocols. • Concise tables and figures provide fast, efficient review of essential information. • Online review questions test retention and alert areas requiring further study, while "Quick Hits" save time and stay focused on core content. • Each issue is carefully curated by the Editor-in-Chief for high relevance to medical specialty needs. • A comprehensive archive provides access to past issues and valuable medical knowledge. • Free email alerts keep readers informed with table of contents and latest article notifications. Algorithms reveal effective clinical reasoning strategies for similar complaints. The resource employs numerous visual aids like charts, tables, graphs, and mnemonics to cater to visual learners and enhance material retention. Comprehensive coverage spans all essential areas of medicine, encompassing body system diseases and disorders, fluid and electrolyte balance, hematologic issues, infectious diseases, skin and hypersensitivity disorders, and ambulatory care. Helpful appendices provide guidance on radiographic and ECG interpretation, practical physical examination tips, ward management of common problems, basic statistics, evidence-based medicine, and end-of-life care and informed consent.

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