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consumers' outlay. In short, "Optimism encourages borrowing, borrowing accelerates sales, and sales accelerate optimism." Financial Crisis (Recession): According to Hawtrey, prosperity comes to an end when credit expansion ends. As banks go on increasing credit, their cash funds deplete and they are forced to curtail credit and raise interest rates in order to discourage the demand for new loans. Due to the shortage of gold reserves, the central bank — as lender of the last resort — has to set a limit on the accommodation to commercial banks. Eventually, the central bank will start contracting credit by raising the bank rate. Thus, the drain of cash from the banking system ultimately results in an acute shortage of bank 'reserve', so that the banks not only refuse to lend any more, but actually are compelled to contract. It is interesting to note that in Hawtrey's view a drain upon the cash reserves of the banking system is caused by the public. For a rise in consumers' income generally would lead to an increase in the cash holding (unspent margins) by the public. This happens when the wages rise and consequently wage-earners' demand for cash rises. Thus, what ultimately limits the expansion of credit is the absorption of money in circulation, mainly by wage earning classes. Moreover, under the international gold standard, if expansion is to take place rapidly in a country, it will lose gold to other countries due to excessive imports. Eventually, the central bank will have to adopt a restrictive policy. Contraction Phase (Depression): The recessionary phase merges with depression due to the growing shortages of credit. The contraction of credit exerts a deflationary pressure on prices and on consumers' income and outlay. High rate of interest charged by banks discourages traders to hold large stocks and their demand for credit decreases. Prices start falling, profits also drop. Accordingly, traders further reduce stocks and stop ordering goods. Producers in turn will curtail output and employment. The income of the factors of production will decline. When consumers' income and outlay decrease, effective demand decreases, stocks and output decrease, prices fall, profits decrease and so on — a cumulative downswing develops. In a nutshell, it is the contraction of effective demand reflected in reduced outlay by consumers and increased holding of cash balances in view of a large credit curb that causes a vicious circle of deflation leading to severe depression. Recovery: During a depression, as traders experience slackening in the demand for their goods, they will try to dispose of goods at whatever low price they get and repay bank's loans. When loans are liquidated, money gradually flows from circulation into the reserves of bank. As depression continues, banks will have more and more idle funds. The credit creating capacity of banks increases and in order to stimulate borrowing, banks lower the interest rate. Traders will now be stimulated to increase their inventories and the whole process of expansion will be once again set in motion. The central bank now helps by lowering the bank rate and adopts open market purchases of securities so that cash is pumped into banks improving their lendable resources. And when the purchase of securities is carried far enough, the new money will find its way into the economy. Hawtrey believed that the ordinary measures of monetary instruments such as bank rate policy and open market operations may help in bringing about a revival. Hawtrey's view of a cyclical movement is fundamentally a monetary phenomenon. It does not claim that nonmonetary causes (such as inflation, discovery, bumper crops, etc.) may affect productive activities and their effects may be transmitted through monetary effects. These nonmonetary causes have been ruled out. The periodicity that appears in trade cycles is due to monetary effects. It can be mitigated by an appropriate banking policy. According to Hawtrey, it is only the instability of bank credit that causes fluctuations in business and turns them into rhythmic changes. Abolish the instability of bank credit and all nonmonetary bank policies and the trade cycles will disappear. A Critical Appraisal: No doubt, Hawtrey's theory is perfectly logical in its basic concept of a self-generating cycle of cumulative process of expansion and contraction. One of the most striking features of Hawtrey's theory is his explanation of the period of a cycle, i.e., his explanation of the turning points of expansion and contraction. Hawtrey, in his analysis, however, exaggerates the significance of wholesalers, ignoring the capital goods industries and all other sectors of the economy. Some critics have pointed out that monetary inflation and deflation are not causes, as Hawtrey expounds, but the result of trade cycles. In fact, credit expansion follows business expansion, and once it takes place, it would accelerate business activity. So monetary deflation is preceded by business contraction. The role of bank credit in the economic system is over-emphasised by Hawtrey. It is true that finance is the backbone of business and bank credit plays an important role in it, but it does not mean that banks are always the leaders of economic activity. Hawtrey asserts that changes in the flow of money are the sole and adequate cause of economic fluctuations. But, a trade cycle, being a complex phenomenon, cannot be attributed to a single cause. There are various nonmonetary indigenous and exogenous factors, besides monetary factors which influence economic activity. Thus, it is incorrect to say that trade cycles are a purely monetary phenomenon.